

**READY. SET.  
VACCINATE.**  
**#GETVACCINATED  
BEFORE YOU TRAVEL**

**VACCINATE AT LEAST  
ONE MONTH BEFORE  
YOU TRAVEL.<sup>1</sup>**

Consult with your doctor at least four weeks before departure to ensure you can get the vaccines and medications you need. Don't forget to check your domestic or international travel destination for recommended and required immunizations.

Visit CDC's website for the latest vaccinations and travel notices.  
<https://wwwnc.cdc.gov/travel>



<sup>1</sup>CDC (September 23, 2019) Before You Travel Internationally, retrieved from <https://wwwnc.cdc.gov/travel/page/BeforeYouTravelInternationally>